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Application of The Braden Scale Instrument To Measure The Risk of Decubitus In Patients In The Alamanda 1 Ward, Sleman Regional Hospital

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ABSTRACT

Backgroud: Pressure ulcers remain a critical issue in nursing care, especially among patients with limited mobility.
Purpose: This study aims to describe the results of using the Braden Scale in measuring the risk of pressure ulcers in patients in the Alamanda 1 Ward, Sleman Regional General Hospital.
Methods: A descriptive case study design was employed, involving five patients with impaired mobility due to medical conditions such as stroke and fractures. Result: Risk assessments were carried out twice daily over three consecutive days using the Braden Scale.
Results: showed that two patients were at very high risk (score ≤9), while the remaining three were at high risk (scores between 10–13).
Conclusion: These findings demonstrate the reliability of the Braden Scale as a screening tool for identification of pressure ulcer risk, enabling nurses to implement preventive interventions effectively.

Keywords: *Pressure Ulcers; Risk Assessment; Braden Scale; Immobility; Nursing Care*